

ONEOK Cafeteria

100 W. 5th St.
918.588.7625
Mon - Fri 7a-1:30p

Oklahoma Spud

410 S. Main St.
Tulsa, OK 74103
918.587.1255
Mon - Fri 11a-2p

Quizno's

15 W. 5th St.
918.583.7849
Mon - Fri 11a-5p

Skyline Snack Shop

15 E. 5th St., Ste 130
918.592.5502
Mon - Fri 7:30a-3:30p

Skyline Snack Shop

110 W. 7th St., Ste LL100
918.592.5503
Mon - Fri 7:30a - 3p

Steakfinger House

403 S. Boulder Ave.
918.584.0454
Mon - Fri 6:30a - 2:30p

Subway

4 W. 4th St.
918.592.0000
Mon - Fri 9a-6:30p
Sat 10a-3p

Subway

601 S. Boulder Ave.
918.592.7722
Mon - Fri 9a-5p

Tabouli's

414 S. Main St.
918.599.8220
Mon - Fri 11a-2p

Ti Amo's

302 S. Cheyenne Ave.
918.592.5151
Mon-Fri: 11am-2pm
Thurs-Sat: 5pm-11pm
Sun-Wed: 5P-11P only during
BOK Center Events

Tula's

115 West 5th St.
918.895.8403
Breakfast: 6:30 a.m. - 10:00 a.m.
Lunch: 11:30 a.m. - 2:30 p.m.
Dinner: 5:30 p.m. - 10:00 p.m.
Bar: 5:00 p.m. - Close

Teri's

3 E. 5th St.
Tulsa, OK 74103
918.58.CONEY (26639)
Mon - Fri 10:30a-2p

The Greens on Boulder

419 S. Boulder
918.587.0123
Mon - Fri 7:30a - 3p

Williams Café

7 E. 2nd St.
Tulsa, OK 74103
918.573.2080
Mon - Fri 6:45a-9:30a,
11a-1:30p

Zorba's Greek Grill

601 S Boston Ave
295.4800
Mon - Fri 11:30a-3p

Core Business District

1974 Pub & Grill

402 E. 2nd St.
918.599.7019
Tues - Thurs 11a - 12a
Fri - Sat 11a - 2a

Blue Dome Diner

313 E. 2nd St.
918.382.7866
Tues - Fri 7a - 2p
Sat - Sun 8a - 1:30p
Thurs - Sat 6p - 10p

Dilly Deli

402 E. 2nd St.
918.938.6382
Sun-Sat 8a - 4p

El Guapo's

322 E. 1st St.
918.382.7482
Mon - Thurs 11a - 12a
Fri - Sat 11a-1a
Sun 11a- 12a

James E. McNellie's Public House

409 E. 1st St.
918.382.7468
Mon - Sun 11a - Midnight

JoeMomma's Pizza

112 S. Elgin
918.794.6563
Sun - Thurs 11a-midnight
Fri & Sat 11a - 3a

Yokozuna

309 E. 2nd St.
918.508.7676
Mon - Fri 11a-2p
Mon - Thurs 5-10p
Fri - Sat 5p - midnight

Blue Dome District

For more restaurant listings, or other things to do while visiting Tulsa, check out our website www.VisitTulsa.com.

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TULSA'S DOWNTOWN DINING EXPERIENCE



Jordan's Fresh Fish Market

140 N. Greenwood Ave.
Tulsa, OK 74120
918.582.1041
Tues - Fri 11a-7p,
Sat 11a-6p

Fat Guy's Burger Bar

140 N. Greenwood Ave
794.7782
Mon-Sat 11a - 10p
Open after 10p and on Sundays
during ONEOK Field events

Greenwood

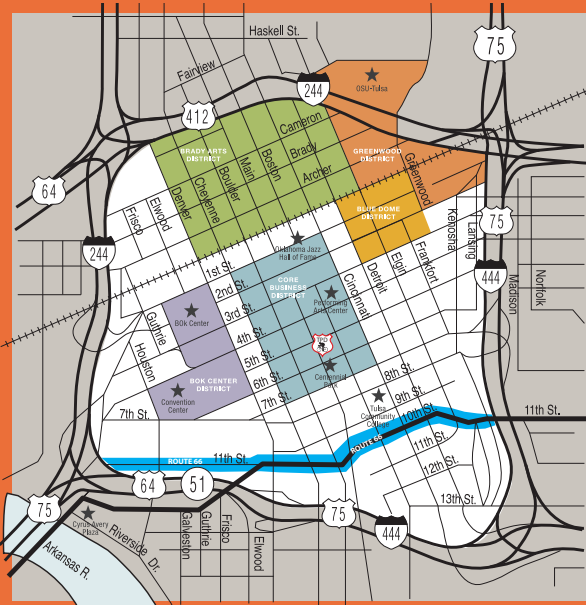


Tulsa Convention and Visitors Bureau
Two West Second Street, Suite 150
Tulsa, OK 74103
800.558.3311
www.VisitTulsa.com

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If you find yourself in Downtown Tulsa with a sudden craving for delectable cuisine, in need of a bite “to go”, or looking for a simple yet flavorful dining experience, you don’t have to go very far. Downtown Tulsa has a lively and flourishing network of restaurants and eateries that prepare a variety of culinary styles including All-American, Italian, Asian and Mexican. Whether you are feeding a group of two or twenty, all of our locations are very accommodating and look forward to making your dining experience an enjoyable one. Various locations are open for breakfast, lunch and dinner but calling ahead of time would be your best reference. So take your pick – you are sure to find something to satisfy any palate.



Route 66 District

The Crusty Croissant
Sunoco Building
907 S. Detroit Ave.
918.743.2253
Mon-Fri 7:30a – 2p

The Chalkboard
1324 S. Main St.
918.582.1964
Breakfast: Mon - Sat 6:30a-10a,
Sun 7a-10a,
Brunch: Sat - Sun 11a-2:30p,
Lunch: Mon - Fri 11a-2:30p,
Dinner: Mon - Thur 5p-10p,
Fri - Sat 5p-10:30p, Sun 5p-9p

Mazzio's Pizza
421 E. 11th St., #B
918.664.4444
Mon - Sun 10:30a-10p

Phat Philly's
1101 S. Detroit Ave.
918.382.PHAT (7428)
Mon - Fri 10a-7p

Sun Café
907 S. Detroit Ave.
Tulsa, OK 74120
918.586.6252
Mon - Fri 7a-1p

BOK Center District

A Matter of Taste
Community Care Building
218 West 6th St.
918-582-4442

Baxter's Interurban Grill
717 S. Houston Ave.
918.585.3134
Mon - Thur 11a-10p, Fri 11a-11p,
Sat 5p-11p

Blue Jackalope Grocery & Coffee
306 S. Phoenix Ave
918.582.5344
Mon-Fri 9a-7p
Sat 8:30a-5p
Sun 9a-7p

Carson's on the Plaza
200 Civic Center
918.592.4450
Mon - Fri 7a-10a, 11a-2p

Seven West Café
616 W. 7th St. (Doubletree)
918.587.8000
Sun - Mon 6a-10p

Subway
200 Civic Center
918.592.4460
Mon - Fri 10a-2p

Braddy Arts District

Caz's Chow House
18 E. Brady St.
918.588.CHOW (2469)
Mon 11a-2p,
Tues-Thurs 11a-9p
Fri 11a-10p, Sat 11a-10p

Gypsy Coffee House & Cyber Café
303 N. Cincinnati Ave., 1st Floor
918.295.2181
Mon - Fri 12p-12a,
Sat - Sun 12p-3a

Lola's at the Bowery
5 E. Brady St.
918.592.7995
Tues.- Fri 11a-2 p,
Tues.- Sat 5p-10p

Mexicali Border Café
14 W. Brady St.
Tulsa, OK 74103
918.582.3383
Sun - Mon 11a-9p,
Tues - Fri 11a-10p,
Sat 11a-10:30p

Spaghetti Warehouse
221 E. Brady St.
918.587.4440
Sun - Thur 11a-10p,
Fri - Sat 11a-11p

Core Business District

Arby's
324 S. Main St.
918.585.6954
Mon - Fri 7a-5p

Billy's on the Square
424 S. Main St.
918.583.8703
Mon - Fri 10:30a-2p

Boston Avenue Grille
15 E. 5th St.
918.392.7171
Mon - Fri 7a-3p

Back Creek Deli
201 W. 5th St.
918.728.8667

The Boulder Grill
Holiday Inn City Center
17 W. 7th St.

Buns & Roses
111 W. 5th St.
918.895.7673

Café Topeca
115 W. 5 St.
918.592.9090
Mon - Wed 6:30a-6p
Thur - Fri 6:30a -10p

Casa Laredo
4th St. & Cheyenne Ave.
918.743.3744
Mon - Thur 11a - 9p
Fri - Sat 11a - 11p

Coney Island
123 W. 4th St.
918.587.2821
Mon - Fri 10a-7p,
Sat 10a - 3p

Courtyard Deli
413 S. Boston Ave.
918.587.3354
Mon - Fri 8a-4p

Daily Grill
100 E. 2 St. (Crowne Plaza)
918.295.7748
Sun - Sat 6a-11p

Domino's Pizza
16 W. 4th St.
918.582.3030
Sun - Thur 10a-12a,
Fri - Sat 10a-1a

Elote Café
514 S. Boston Ave.
918.582.1403
Mon - Fri 10:30a-2:30p

Felini's
9 E. 5th St.
918.584.1772
Mon - Fri 6:30a-2p

Fortune Chef
109 S. Cincinnati Ave.
918.582.0280
Mon - Sat 10:30a-7p

Grand Selections
309 S. Main St.
918.583.0510
Mon - Fri 11a-1:30p

Hopscotch Deli
601 S. Boulder Ave., Suite 115
918.359.3913
Mon - Fri 6a-3p

Impressions
507 S. Main St.
918.587.0515
Mon - Fri 10:30a - 3p

Long Palace Chinese Restaurant
12 W. 4th St.
918.582.4452
Mon - Fri 11a-2:30p

Lou's Deli
412 S. Main St.
918.587.0631
Mon - Thur 7:30a-2:30p,
Fri 7:30a-2p

Market Deli
712 S. Boston Ave.
918.582.5711
Mon - Fri 9:30-3:30

New Atlas Grill
415 S. Boston Ave.
918.583.3111
Mon - Fri 11a-3p,
Breakfast Fri 7a-9:30a